

Emergencies
 Police/Fire 911
 Centers for Disease Control & Prevention
 1-800-311-3435
 DC Emergency Management
 202-727-6161
 Poison Center
 202-625-3333

In Case of An Blackout... Make Sure You Are Prepared

Preparing an **Emergency Go Kit** ahead of time can save precious time in the event you must evacuate or go without electricity, heat, or water for an extended period of time.

Local Utilities
 PEPCO
 202-833-7500
 Washington Gas
 1-800-752-7520
 Verizon-DC
 1-800-275-2355

During and after a blackout occurs, it is important to **STAY CALM**. Even after an event, there may still be many dangers.

Canned Food
 At least a three day supply

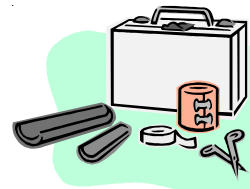


Money or Traveler's Checks



For Babies:
 Formula, diapers, bottles & nipples, powered milk, baby medications, blankets

Tools:
 Battery-operated batteries, radio, and flashlights, non-electric can opener, shutoff wrench, paper plates/cups, matches, whistle, paper & pen



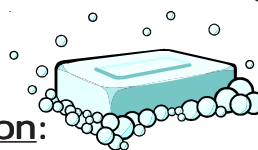
First Aid Kit:
 Bandages, sunscreen, gauze pads, scissors, tweezers, needles, thermometer, insulin, prescription medicines, denture equipment, contact lens & supplies, extra eye glasses, Vaseline, aspirin



For Pets:
 Dried pet food, one gallon of water for each day, plastic food dishes, blankets, towels, trash bags, ID, photo, carrier, medications, vaccination records & registrations, leash, toy



Clothing/Bedding



Sanitation:
 Toilet paper, towelettes, soap, liquid detergent, feminine supplies, plastic garbage bags, plastic bucket with airtight lid, disinfectant spray, household chlorine bleach



Bottled Water
 One gallon per day per person

1) Assess the situation

- Check to see if neighbors have power
- Stay away from fallen power lines & trees

2) Take precautionary steps

- Turn off all appliances to prevent an overload when the power returns causing a second outage, including large appliances
- Keep freezer and refrigerator doors closed (Without power, a closed refrigerator can keep food cold for a day or two.)
- Have a communication plan set (Follow a plan to check on neighbors and having certain neighbors check on you.)

3) During the outage

- Eat foods that spoil quickly first
- Do not refreeze seafood, poultry, ice cream, etc.
- During the winter, have everyone stay in one room that is well lit during the day and wear layers of clothing
- Use battery-operated flashlights & radios
- Avoid using candles and kerosene lanterns because of fire risks

